



You're Invited To

In Today's World of Technology In Health Care Benefits....Data Matters!

Featuring A New Line of Seminars for Winter, 2009!

*A **Must** for Currently Self-Insured Employers, And Those Thinking About Becoming Self-Insured!
Learn How New Technology Can Empower Employers by Providing Insight into Past Performance
while helping you predict future behavior with industry-leading data analytics and predictive modeling!
Sound complicated? It's Not! You'll Learn How Easy it is to Control Your Cost Destiny!*

Are You (or wanted to be) Self-Insured???

If so, this seminar is a Must for you! First, we'll present the latest on self-insurance – how it works, how to manage claims, how to properly protect yourself from risks, the importance of plan design and much more! This may be a refresher for some, but we promise to go beyond the basics of self-insurance and focus on real-world solutions to real world problems! Plus, the latest on regulatory developments and how they may affect plan design.

Next, we'll feature one of the most costly benefits of your health plan – prescription drug claims – how to manage them, contain costs, and analyze your RX data.

*Lastly, allow us to Knock Your Socks Off with new technology on truly managing your health plan! We will have live, online access to claims reporting data, including standard and ad hoc reporting, which utilizes data resources and experience and applies them to existing claims to help you identify potential issues/trends through common attributes. **Have you ever wondered what you would have saved if you'd done this plan change or that? Now you'll know! BRING YOUR PROBLEMS WITH YOUR HEALTH PLAN ...WE'LL FIND SOLUTIONS FOR YOU AND WITH YOU!** Yes, we'll use live case studies, and you will be allowed to print your samples and take them back to your office! We'll allow three plus hours to give you real world solutions, using the latest technology tools!!*

Each session will include an ASK THE EXPERT PANEL of consultants, administrators and technology experts!

Full-Day Training on Self-Insurance Technology and Solutions!

**Orange County, Inland
Empire and Los Angeles
County Areas**

Advanced Benefit Consulting & Insurance Services, Inc. is a leading Self-Insurance, HIPAA compliance and employee benefits consulting firm, located in Orange County. It's president, Dorothy M. Cociu, RHU, REBC, GBA, RPA is a highly respected national speaker on health benefits issues, including Self-insurance, HIPAA compliance, ERISA and other regulatory matters. Advanced Benefit Consulting has been offering employer seminars for over 10 years, and currently offers a simplified, employer-friendly HIPAA manual, which includes a CD rom and an optional annual update service.

Clients of Advanced Benefit Consulting include self-insured and fully insured employers, third party administrators, managed care organizations, general agencies, and the United States Department of Labor.

A comprehensive program designed to teach you how to manage your health claim costs in the short and long run – before they manage you!

Learn from the experts!

**Three Centrally Located
Southern California Seminars For
Your Convenience**

*Space is Limited, So Make Your
Reservation Today!*

**A Full-Day Educational Program
For Human Resources Managers
and Risk Professionals You Can't
Afford To Miss!**

Register on-line at
www.advancedbenefitconsulting.com
or use the registration form on page 2.

**To Reserve Your
Space, Fax This
Form Today to
(714) 693-9768.**

**For Questions or
Seminar
Reservations,
Please Call
Toll-Free
(866) 658-3835.**



We are proud to present

In Today's World of Technology in Health Care Benefits, *Data Matters!*

Session Overview

7:30 – 8:30 Registration and Continental Breakfast

8:30 – 10:30 Self-Insurance Today Plus Regulatory Update, Dorothy Cociu, Advanced Benefit Consulting, Featuring Self-insurance – how it works, how to manage claims, how to properly protect yourself from risks, the importance of plan design and much more! Also includes a discussion on benefits in the regulatory environment, how to deal with new legislation, etc. Concludes with expert panel.

10:30-10:45 Break

10:45 -12:00 Prescription Drug Claims Management, Dale Carlson, R.Ph., V.P. Consulting Services, The Burchfield Group. Featuring: Prescription drug claims – how to manage them, contain costs, and analyze your RX data. Includes ideas on targeted utilization management to work with your highest cost prescriptions; how to lower individual costs. Concludes with expert panel.

12:00 – 1:00 pm – Lunch

1:00 – 4:00 Containing Health Care Costs – In Today's World, Data Matters!

Learn about the latest technology in managing health plan costs with live, online claims and reporting data which can help you identify problems and future costs. Using live case studies to determine how plan changes would affect your bottom line.

Imagine predicting the future, receiving a good estimate of what this plan change or that would save or cost your plan...Now you can. And more! Use current experience data to identify potential issues or trends through common attributes with leading data analytics and predictive modeling. And you can learn to do it in your office! Also, a look at self-insurance today plus regulatory updates and how they relate to plan design, and a look at high-cost prescription drug claims and how to manage them.

Presenters Include: Dorothy Cociu, President, Advanced Benefit Consulting, Mary Ann Wessel, Vice President, EBA&M Corporation, Marilyn Fooshee, Director of Client Relations, Benefit Informatics, and Dale Carlson, Vice President, The Burchfield Group.

Speaker Bios are available on our website at www.advancedbenefitconsulting.com.

Special Early Bird Registration Fees due by December 19, 2008

Additional Registrations From Your Firm Discounted!

Registration and Continental Breakfast Begins 7:30 a.m. Program 8:30 a.m. to 4 p.m. Lunch Included.

Seminar Registration Fees:

Early Bird registration post-marked by December 19, 2008:

Data Matters! Full-day program includes continental breakfast and lunch \$79 first registrant, \$69 each additional registrant.

Registrations postmarked after December 19, 2008:

Data Matters! Full-day program includes continental breakfast and lunch \$99 first registrant, \$89 each additional registrant.



PAYMENT OPTIONS

Check enclosed. **Make Check Payable to: Advanced Benefit Consulting** and Mail to: Seminar Reservations, Advanced Benefit Consulting, P.O. Box 6677, Fullerton, CA 92834-6677.

Bill my credit card. FAX this form to (714) 693-9768.

American Express No. _____ Exp. Date: _____

Mastercard Card No. _____ Exp. Date: _____

VISA Card No. _____ Exp. Date: _____

AMOUNT ENCLOSED: _____

SIGNATURE: _____

Name: _____

Title: _____

Company Name: _____

Phone: (____) _____ FAX: (____) _____

Address: _____

City, State & Zip: _____

E-Mail Address(s): _____

Additional attendees from same firm: _____

REGISTRATION FORM

YES! I want to attend:

- Orange County, California.**
Wednesday, January 14, 2009
8:30 am – 4 pm, Holiday Inn Orange County Airport, 2726 S. Grand Avenue, Santa Ana, CA 92705 (55 fwy at Dyer Rd West)
- Ontario, California.**
Thursday, January 15, 2009
8:30 am – 4 pm, Ontario Airport Marriott, 2200 E. Holt, Ontario, CA 91761 (10 fwy E exit Holt, 10 fwy W exit Vineyard)
- Torrance, California.**
Wednesday, February 11, 2009
8:30 am – 4 pm, Torrance Marriott, South Bay, 3635 Fashion Way, Torrance, CA 90503 (405 to Hawthorne Blvd south, left on Fashion Way)